

OKALOOSA ACADEMY CHARTER SCHOOL - NSLP

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Local School Wellness Policy

Purpose

Okaloosa Academy Charter School is committed to supporting student health, well-being, and academic success through nutrition education, physical activity, and a healthy school environment.

Nutrition Promotion and Education

The school will promote healthy eating habits and provide age-appropriate nutrition education that encourages students to make healthy food and beverage choices. Nutrition messages will support the goals of the National School Lunch Program (NSLP) and School Breakfast Program (SBP).

Physical Activity and Outdoor Education

Students will be provided opportunities for physical activity and outdoor education through classroom movement, outdoor activities, wellness initiatives, and other school-sponsored programs as appropriate for the age and needs of students. The school will encourage students to engage in healthy, active lifestyles before, during, and after the school day.

School Meals

Meals served through the NSLP and SBP will meet all USDA nutrition standards. The school will provide students with access to healthy, appealing, and nutritious meals in a safe and supportive environment.

Foods and Beverages Sold on Campus

All foods and beverages sold to students during the school day will comply with USDA Smart Snacks in School standards and applicable state requirements.

Other School-Based Wellness Activities

The school will support student wellness through health-related activities, staff wellness initiatives, family engagement opportunities, and programs that encourage healthy lifestyles.

Public Involvement

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Parents, students, school staff, food service personnel, school administrators, and community members will be permitted to participate in the development, implementation, review, and update of the wellness policy.

Policy Assessment and Updates

The school will assess the implementation of this policy at least once every three years. Assessment results and policy updates will be made available to the public.

Wellness Coordinator

The Principal or designee shall serve as the Wellness Coordinator and be responsible for coordinating and monitoring compliance with this policy.

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Local School Wellness Policy Participation Notice

Dear Parent/Guardian,

Okaloosa Academy Charter School is committed to promoting student health, wellness, and academic success. In accordance with federal requirements, the school maintains a Local School Wellness Policy that addresses nutrition education, healthy meals, physical activity, outdoor education, and other wellness initiatives.

Parents, guardians, students, staff, and community members are encouraged to participate in the review, development, implementation, and periodic assessment of the school's Wellness Policy.

If you would like to provide feedback, or participate in future wellness activities and planning efforts, please complete the information below and return this form to the school office.

Wellness Policy Participation Interest Form

Parent/Guardian Name: _____

Student Name(s): _____

Phone Number: _____

Email Address: _____

Please check all that apply:

I have received a copy of the Okaloosa Academy Charter School Local School Wellness Policy.

I would like to provide feedback regarding the Wellness Policy.

I would like to participate in future Wellness Policy meetings or activities.

I would like to be notified when the Wellness Policy is reviewed or updated.

I am interested in serving on a Wellness Committee or advisory group.

Comments or Suggestions:

Parent/Guardian Signature: _____ Date: _____